

Early Childhood Services Fast Finder

The Early Childhood Services Fast Finder has been developed by the State Government to provide Queensland parents and families with a directory of resources and services that support a child's development. This includes assistance in the form of fact sheets, helplines, programs and advice provided by the Queensland Government, Australian Government and sector organisations.

Support for mothers and babies		
Queensland Government		
Breastfeeding and Your Baby	Provides comprehensive breastfeeding information.	www.health.qld.gov.au/breastfeeding/bf_duration.asp
Growing Strong: Feeding you and your baby	Aboriginal and Torres Strait Islander culturally appropriate information about nutrition for mothers, babies and young children.	www.health.qld.gov.au/ph/documents/hpu/growing_strong.asp
Pregnancy and Childbirth Factsheets	Pregnancy fact sheets in a variety of languages.	www.health.qld.gov.au/multicultural/public/pregnancy.asp
Sector organisations		
National Breastfeeding Helpline	For advice and help with breastfeeding.	1800 686 2 686 (24 hours a day)

Caring for children prior to school		
Queensland Government		
Education Queensland's Parents and Carers website	Provides general information about schools and how parents and carers can be involved.	www.education.qld.gov.au/parents
Kindergarten Fact Sheets	Provides information for parents about kindergarten in Queensland.	www.education.qld.gov.au/earlychildhood/kinder.html
Office for Early Childhood Education and Care	Information about early childhood education and care services for all Queensland children from birth to 12 years. Includes the Kindergarten Helpline for information on Queensland kindergarten services.	13 QGOV (13 74 68) – State Government hotline 1800 4 KINDY (1800 454 639) ECEC@deta.qld.gov.au www.education.qld.gov.au/earlychildhood
Starting School Fact Sheets	Provides information for parents about how to enrol and prepare their child for starting Prep.	www.education.qld.gov.au/student-services/inclusive/prep/index.html
Australian Government		
mychild.gov.au	Provides information about local early childhood education and care services, Australian Government family assistance and national early years programs.	13 36 84 (Monday to Friday, business hours) 1800 554 609 (TTY service for people with hearing/speech impairment) www.mychild.gov.au
Sector organisations		
Playgroup Queensland	Provides information about how to access playgroups in local areas and information about setting up new playgroups.	1800 171 822 (9 am to 5 pm, Monday to Friday) www.playgroupaustralia.com.au/qld

Support for children		
Sector organisations		
Kids Helpline	Provides a confidential counselling service for children and young people aged 5 to 25 years over the telephone and web or by email.	1800 55 1800 (24 hours a day, 7 days a week) www.kidshelp.com.au

General parenting and child information

Queensland Government

Community Child Health Service website	information about general child health issues, such as immunisations and growth and links to your closest health clinic.	13 HEALTH (13 43 25 84) https://access.health.qld.gov.au/QFinder/Views/DirectorySearch/DirectorySearch.aspx?Ticket=V6xlzCOrKSLtrlwDPqSTcLT1gM3l9LMh9DK771Qm7l1SOOrp5lG7cS6utcg2y20P
Early Childhood Ideas to Get Kids Active	Provides resources and ideas for anyone caring for babies and children to get an active start to life.	www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/earlychildhoodprograms.aspx
Healthy Hearing Program	Provides universal hearing screening for all newborn babies throughout Queensland. This Queensland Health program operates in public and private maternity wards.	13 HEALTH (13 43 25 84) www.health.qld.gov.au/healthyhearing
13 HEALTH	Provides information on a range of children's health issues, parenting advice and links to other services.	13 43 25 84 (24 hours a day, 7 days a week) www.health.qld.gov.au/13health
QFinder	An online database that allows users to search for contact details of public, private and non-government providers of health and community services in Queensland.	https://access.health.qld.gov.au/QFinder/Views/DirectorySearch/DirectorySearch.aspx?Ticket=V6xlzCOrKSLtrlwDPqSTcLT1gM3l9LMh9DK771Qm7l1SOOrp5lG7cS6utcg2y20P

Australian Government

Active After School Communities	Supports opportunities for sport and other structured physical activity programs for children after school hours.	07 3031 8000 www.ausport.gov.au/participating/schools_and_juniors/aasc
Kids Matter Parent Resources	To help parents deal positively with children's emotional and social development and wellbeing.	www.kidsmatter.edu.au

Sector organisations

Parentline	Provides a confidential telephone counselling and support service for parents and carers.	1300 30 1300 (8 am to 10 pm, 7 days a week) www.parentline.com.au
Raising Children Network	Provides information about children's health and wellbeing, parenting and family support to enable parents to make informed decisions about raising their child.	www.raisingchildren.net.au

Support for parents

Australian Government

beyondblue	Provides information, research and assistance for dealing with depression.	1300 22 46 36 (24 hours a day) www.beyondblue.org.au/index.aspx?link_id=94
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Sector organisations

DVConnect Mensline	Provides confidential counselling, information and referral to men affected by domestic and family violence.	1800 600 636 (9 am to Midnight, 7 days a week) www.dvconnect.com.au
DVConnect Womensline	Assists women to obtain refuge accommodation, counselling and referral to other services.	1800 811 811 (24 hours a day) www.dvconnect.com.au
Early Years Centres	Provides integrated early childhood education, care, health and family support services to families with children aged 0–8 years, including via outreach into nearby suburbs.	07 3800 4177 (Browns Plains) www.earlyyearscentre.org.au 07 5428 1477 (Caboolture) www.gowrieqld.com.au/early-years-centre 07 5578 1346 (Nerang) www.earlyyearscentre.org.au 07 4045 0003 (Cairns) www.earlyyearscentre.org.au
Parentline	Provides a confidential telephone counselling and support service for parents and carers.	1300 30 1300 (8 am to 10 pm, 7 days a week) www.parentline.com.au

Parenting children with disabilities

Queensland Government

Department of Communities, Child Safety and Disability Services regional offices	Provide families of children with a disability with information about the services and supports available to them in their local area.	4048 9900 (Far North Queensland) 4799 5300 (North Queensland) 4121 1432 (Central Queensland) 5431 2230 (North Coast) 3884 7001 (South East) 4615 3900 (South West) 3109 7007 (Brisbane) www.disability.qld.gov.au
Disability Information Service	Provides information on disability specific topics, including types of disability, government and community based services, government programs and entitlements, publications and resources.	1800 177 120 www.disability.qld.gov.au/disability-information
Early childhood development programs	Provide support for children birth to four-and-a-half years who have a suspected or diagnosed disability and who have significant education support needs. The programs engage children in learning experiences that maximise their individual potential and improve their transition into the early years of schooling.	www.education.qld.gov.au/schools/maps
Education for children with a disability	Provides information about the support available for children and young people with a disability in state schools.	www.education.qld.gov.au/student-services www.disability.qld.gov.au/disability-information
Education for children with a disability: a guide for parents	Provides information on schooling for children with a disability in Queensland and the specialised support available for students with a disability.	www.education.qld.gov.au

Australian Government

Helping Children with Autism	Supports children with autism spectrum disorders. Following diagnosis, families can contact an autism advisor who will provide information regarding funding, eligibility for funding and other support services.	1800 428 847 www.fahcsia.gov.au/sa/disability/progserv/people/HelpingChildrenWithAutism/Pages/default.aspx
Inclusion and Professional Support Program	Integrated and consolidated approach to meeting the professional support needs of child care services.	www.deewr.gov.au/earlychildhood/programs/childcareforservices/supportfamilyccs/pages/inclusionsupportprogram.aspx
My Time	Connects parents and carers of children with a disability, developmental delay or chronic medical condition to local peer support and resources.	1800 889 997 www.mytime.net.au

Sector organisations

Early years centres	'One-stop shops' where early childhood education and care, family support and health services are available for families expecting a child or with children aged up to eight years. Early Years Centres are operating in Nerang, Caboolture, Browns Plains and Cairns.	07 3800 4177 (Browns Plains) www.earlyyearscentre.org.au 07 5428 1477 (Caboolture) www.gowrieqld.com.au/early-years-centre 07 5578 1346 (Nerang) www.earlyyearscentre.org.au 07 4045 0003 (Cairns) www.earlyyearscentre.org.au
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